Nature provides diverse life-supporting and life-enhancing contributions to people in cities and towns. These gifts from nature make human life both possible and worth living. All cities critically depend on healthy interconnected ecosystems within and around them, so it is essential that nature is fully integrated into urban planning and development. There is a growing urgency for collective and large-scale action to protect the biodiversity in and around cities to prevent irreversible loss and damage to the natural systems we depend on.

**THE VALUE OF NATURE IN URBAN LIFE**

**KEY:**
- **Tangible Things from Nature** that meet human needs
- **Benefits obtained from the processes that regulate the natural environment**
- **Nature's gifts that enrich our lives**
- **Supporting the long-term health of the planet**

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